



Parenting & Family

Best beach essentials

A simple trip to the beach can be hard work when you're not only lugging beach chairs but kids, as well. In fact, finding ways to lighten the load is one of the biggest challenges for a day at the beach with kids, according to [CafeMoms](#) who sounded off in a survey.

Moms tote about 20 pounds on average! With this and other issues in mind, CafeMom searched, played with, and tested the best beach sun, fun and gear essentials to make a mom's life easier within a budget she can afford.

Fun on the beach

Squirt toys

What's a day at the beach without a good water fight? Kids of all ages love squirt toys, but almost half of all moms prefer their kids play with the non-pistol shaped kind. The [Max Liquidator](#) (\$13 for the larger size) is a pool noodle fashioned as a suction device that shoots water.

